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Firestone Wilderness AT Program




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May 24, 2001

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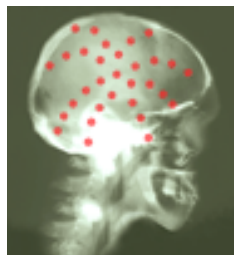
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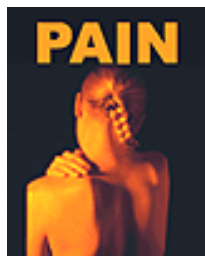
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7-Minute Checkup
 How does your health compare?



[Why Waiting Is So Hard](#)

A new study finds that a glitch in the brain of rats makes them impulsive, and could help explain attention problems as well as addictive behavior.



[Sights and Sounds of Nature Ease Pain](#)

Listening to a gurgling brook and watching a stream may take the sting out of a lung procedure.

FDA Approvals

[Nexium is the Latest Drug for Heartburn and Acid Reflux](#)

May work better than its 'mirror twin,' Prilosec

Product Recalls



[Child Craft Industries Recalls Baby Changing Tables](#)

Reason: Some joints were not properly glued and can separate,

presenting a fall hazard to babies.

Distribution: Nationwide.

Special Report

[Booze + Teens = Lifelong Problems](#)

Heavy drinkers can lose memory, mental skills

iTV Video



[Snack Attack! Chef Michel Nischan Whips Up Nourishing Chips](#)

[and Dips](#)

Our super chef shares smart ways to satisfy a rumbling belly between meals. Plus, we offer up four slimming snack strategies.

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How the media cover health news

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 Online therapy gaining in popularity

More of Today's News

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Brain-cell killers may be treatment targets
- ▶ [What Color is an Orange?](#)
Brain stores knowledge, hue of things separately

- ▶ [An Apple a Day May Keep Asthma Away](#)

Fruit's antioxidant may protect lungs, study finds

- ▶ [Driven to Distraction](#)
Multi-tasking at the wheel can lead to road rage

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Your daily health tidbit

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Don't worry, the infection is minor
- ▶ [Deodorizing the Cat](#)
Not a lot of options for smelly felines
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